Associated products

Product	Description	Pack Size	Cat No.
ISOLATE II Genomic DNA Kit	Rapid isolation of high-quality genomic DNA from many different starting material	10 Preps 50 Preps 250 Preps	BIO-52065 BIO-52066 BIO-52067
ISOLATE II Plant DNA Kit	Rapid isolation of high-quality genomic DNA from a wide variety of plant species	10 Preps 50 Preps 250 Preps	BIO-52068 BIO-52069 BIO-52070
ISOLATE II RNA Mini Kit	Isolation of high-yield and extremely pure total RNA from a variety of samples	10 Preps 50 Preps 250 Preps	BIO-52071 BIO-52072 BIO-52073
ISOLATE II RNA Plant Kit	Isolation of high-yield and extremely pure total RNA from a wide variety of plant species	10 Preps 50 Preps	BIO-52076 BIO-52077
TRIsure™	Quick isolation of high-quality RNA from a variety of sources for subsequent use in cDNA synthesis	100 mL 200 mL	BIO-38032 BIO-38033
SensiFAST™ cDNA Synthesis Kit	Fully optimized to generate maximum yields of full-length and low abundance cDNA from RNA	50 Reactions 250 Reactions	BIO-65053 BIO-65054
Agarose	Molecular biology grade agarose	100 g 500 g	BIO-41026 BIO-41025

Technical support

If the troubleshooting guide does not solve the difficulty you are experiencing, please contact Technical Support with details of reaction setup, cycling conditions and relevant data.

Email: tech@bioline.com

Trademark and licensing information

Bioline Reagents Ltd
UNITED KINGDOM
Tel: +44 (0)20 8830 5300
Fax: +44 (0)20 8452 2822

Bioline USA Inc.
USA
Tel: +1 508 880 8990
Fax: +1 508 880 8993

Bioline GmbH
GERMANY
Tel: +49 (0)337 168 1229
Fax: +49 (0)3371 68 1244

Bioline (Aust) Pty. Ltd
AUSTRALIA
Tel: +61 (0)2 9209 4180
Fax: +61 (0)2 9209 4763

Bioline France
FRANCE
Tel: +33 (0)1 42 56 04 40
Fax: +33 (0)9 70 06 62 10

Meridian Bioscience Asia Pte Ltd
SINGAPORE
Tel: +65 6774 7196
Fax: +65 6774 6441

Storage and stability:
The SensiFAST SYBR® Lo-ROX One-Step Kit is shipped on dry/blue ice. All kit components should be stored at -20°C upon receipt. Excessive freeze/thawing is not recommended.

Expiry:
When stored under the recommended conditions and handled correctly, full activity of the kit is retained until the expiry date on the outer box label.

Quality control:
The SensiFAST SYBR® Lo-ROX One-Step Kit and its components are extensively tested for activity, processivity, efficiency, heat activation, sensitivity, absence of nuclease contamination and absence of nucleic acid contamination.

Safety precautions:
Please refer to the material safety data sheet for further information.

Notes:
Research Use Only

SensiFAST™ SYBR® Lo-ROX One-Step Kit

Shipping: On dry/blue ice
Batch No.: See vial
Concentration: see vial

Catalog numbers
BIO-74001: 100 x 20 µL reactions: 1 x 1 mL
BIO-74005: 500 x 20 µL reactions: 5 x 1 mL

BIOLINE
A Meridian Life Science® Company

Store at –20 °C

Description

The SensiFAST™ SYBR® Lo-ROX One-Step Kit has been formulated for highly reproducible first-strand cDNA synthesis and subsequent real-time PCR in a single tube. A combination of the latest advances in buffer chemistry together with a reverse transcriptase and hot-start DNA polymerase system, ensures that SensiFAST SYBR® Lo-ROX One-Step Kit produces fast, highly-specific and ultra-sensitive one-step real-time RT-PCR.

The SensiFAST SYBR® Lo-ROX One-Step Kit consists of a 2x SensiFAST SYBR® One-Step mix, as well as separate reverse transcriptase and RiboSafe RNase Inhibitor.

Kit components

Reagent	100 x 20 µL reactions	500 x 20 µL reactions
SensiFAST™ SYBR® Lo-ROX One-Step mix (2x)	1 x 1 mL	5 x 1 mL
RiboSafe RNase Inhibitor	1 x 40 µL	1 x 200 µL
Reverse transcriptase	1 x 20 µL	1 x 100 µL
DEPC-H_2O	1 x 1.8 mL	2 x 1.8 mL

Instrument compatibility

SensiFAST SYBR® Lo-ROX One-Step Kit has been optimized for use in SYBR® Green-based real-time RT-PCR on the real-time PCR instruments listed in the following compatibility table, each of these instruments having the capacity to analyze the real-time PCR data with the passive reference signal either on or off. The kit is also compatible with several instruments that do not require the use of ROX, such as the BMS Mic, Qiagen (Corbett) Rotor-Gene™ 6000, Bio-Rad CFX96 or Roche LightCycler® 480.

Manufacturer	Model
ABI (Invitrogen)	7500, 7500 FAST
Stratagene (Agilent)	Mx4000™, Mx3000P™, Mx3005P™

General considerations

When handling RNA, it is important to use RNase-free plasticware and reagents. We also recommend performing RNA work in an RNase-free area. To help prevent any carry-over DNA contamination, we recommend that separate areas are maintained for reaction set-up, PCR amplification and any post-PCR gel analysis. It is essential that any tubes containing amplified PCR product are not opened in the PCR set-up area.

Primers: The sequence and concentration of the primers, as well as amplicon length, can be critical for specific amplification, yield and overall efficiency of any real-time RT-PCR. We strongly recommend taking the following points into consideration when designing and running your real-time RT-PCR:

- use primer-design software, such as Primer3 or visual OMP™ (http://frodo.wi.mit.edu/primer3/ and DNA Software, Inc. http://dnasoftware.com/, respectively). Primers should have a melting temperature (Tm) of approximately 60 °C
- optimal amplicon length should be 80-200 bp, and should not exceed 400 bp
- final primer concentration of 400 nM is suitable for most SYBR®-Green based reactions, however to determine the optimal concentration we recommend titrating in the range 0.1 -1 µM
- use an equimolar primer concentration
- where possible, use intron-spanning primers to avoid amplification from genomic DNA

Template: It is important that the RNA template is intact and devoid of DNA or contaminating inhibitors of both reverse transcription and PCR. For high purity RNA, we recommend using the Bioline ISOLATE II RNA Mini Kit (BIO-52073). RNA stocks and dilutions should be made in DEPC-treated water to avoid any RNase-mediated degradation.

The recommended amount of template for one-step real-time RT-PCR is dependent upon the type of RNA used.

- **total RNA:** purified total RNA can be used in the range from 1 pg to 1 µg per 20 µL reaction
- **mRNA:** purified mRNA can be used from 0.01 pg per 20 µL reaction

$MgCl_2$: The $MgCl_2$ concentration in the 1x reaction mix is 3 mM. In the majority of real-time RT-PCR conditions this is optimal for both the reverse transcriptase and the hot-start DNA polymerase. If necessary, we suggest titrating the $MgCl_2$ to a maximum of 5 mM.

RT-PCR controls: It is important to detect the presence of contaminating DNA that may affect the reliability of the data. Always include a no-RT control, by omitting the reverse transcriptase from the reaction.

Optional ROX: The SensiFAST SYBR® Lo-ROX One-Step Kit is premixed with ROX (5-carboxy-X-rhodamine, single isomer), so that ROX fluorescence can be optionally detected on certain real-time instruments. If your real-time PCR instrument has the capability of using ROX and you wish to use this option, then this option must be selected by the user in the software.

Procedure

Reaction mix composition: Prepare an real-time RT-PCR mastermix. The volumes given below are based on a standard 20 µL final reaction mix and can be scaled accordingly.

Reagent	Volume	Final concentration
2x SensiFAST™ SYBR® Lo-ROX One-Step Mix	10 µL	1x
10 µM Forward Primer	0.8 µL	400 nM
10 µM Reverse Primer	0.8 µL	400 nM
Reverse transcriptase	0.2 µL	-
RiboSafe RNase Inhibitor	0.4 µL	-
H_2O	up to 16 µL	
Template	4 µL	
20 µL Final volume		

Sensitivity testing and C_t values: When comparing SensiFAST with a mix from another supplier we strongly recommend amplifying from a 10-fold template dilution series. Loss of detection at low template concentration is the only direct measurement of sensitivity. An early C_t value is not an indication of good sensitivity, but rather an indication of speed.

Suggested real-time RT-PCR conditions: The following real-time RT-PCR conditions are suitable for the SensiFAST SYBR® Lo-ROX One-Step Kit with the majority of amplicons and real-time PCR instruments. However, the cycling conditions can be varied to suit different machine-specific protocols. SensiFAST SYBR® Lo-ROX One-Step Kit is compatible with either three-step or two-step cycling:

- **3-step cycling**

Cycles	Temp.	Time	Notes
1	45 °C	10 min	Reverse transcription
1	95 °C	2 min	Polymerase activation
40	95 °C 60 °C 72 °C	5 s 10 s 5 s	Denaturation Annealing Extension (acquire at end of step)

- **2-step cycling**

Cycles	Temp.	Time	Notes
1	45 °C	10 min	Reverse transcription
1	95 °C	2 min	Polymerase activation
40	95 °C 60 °C	5 s 20 s	Denaturation Annealing/extension (acquire at end of step)

Optional analysis: After the reaction has reached completion, refer to the instrument instructions for the option of melt-profile analysis.

Troubleshooting guide

Problem	Possible Cause	Recommendation
No amplification trace AND No product on agarose gel	Activation time too short	Ensure SensiFAST SYBR® Lo-ROX One-Step mix is activated for a minimum of 2 min at 95 °C before cycling
	Error in protocol setup	Verify that correct reagent concentrations, volumes, dilutions and storage conditions have been used
	Suboptimal primer design	Use primer design software or validated assay. Test assay on a control template
	Incorrect concentration of primers	Use primer concentrations between 100 nM and 1 µM
	Template degraded	Re-isolate your template from the sample material or use freshly prepared template dilution. We recommend using the ISOLATE RNA kits for template preparation and DEPC-treated water for resuspension or dilution of the template Verify the integrity of RNA using agarose gel electrophoresis
	Primers degraded	Use newly synthesized primers
	Template contaminated with real-time RT-PCR inhibitors	Further dilute template before real-time RT-PCR or purify template and resuspend it in DEPC-treated water
	Template concentration too low	Increase concentration used
	Cycling conditions not optimal	Increase extension/annealing time, increase cycle number, reduce annealing temperature

Troubleshooting guide (Continued)

Problem	Possible Cause	Recommendation
No amplification trace AND PCR product present on agarose gel	Error in instrument setup	Check that the acquisition settings are correct during cycling
Non-specific amplification product AND Primer-dimers	Inefficient reverse transcription	Extend reverse transcription time up to 20 min and/or increase the temperature up to 48 °C
	Suboptimal primer design	Redesign primers using appropriate software, or use validated primers
	Primer concentration too high	Test dilution series of primer concentrations until primer-dimer/non-specific amplification products disappear
	Primer concentration too low	Use primer concentration between 100 nM and 1 µM
	Primer annealing temperature too low	Increase PCR annealing temperature up to 65 °C or until primer-dimer/non-specific amplification products disappear
	Template concentration too low	Increase template concentration
	Template concentration too high	Reduce template concentration until non-specific products disappear
	Extension time too long	Reduce extension time to determine whether non-specific products are reduced
Variability between replicates	Error in reaction set-up	Prepare large volume mastermix
	Air bubbles in reaction mix	Centrifuge reaction samples/plate prior to running on a real-time instrument
Late amplification trace	Inefficient reverse transcription	Extend reverse transcription time up to 20 min and/or increase the temperature up to 48 °C
	Activation time too short	Ensure SensiFAST SYBR® Lo-ROX One-Step mix is activated for a minimum of 1min at 95 °C before cycling
	Annealing temperature too high	Decrease annealing temperature in steps of 2 °C
	Extension time too short	Double extension time to determine whether the cycle threshold (C_T) is affected
	Template concentration too low	Increase concentration if possible
	Template is degraded	Re-isolate template from sample material or use freshly prepared template dilution
	Suboptimal primer design	Redesign primers using appropriate software, or use validated primers
	Primer concentration too low	Increase concentration of primers in 100 nM increments
	RNase contamination	Ensure RNase inhibitor is added before addition of template
PCR efficiency below 90%	Extension time too short	Increase extension time
	Primer concentration too low	Increase concentration of primers in 100 nM increments
	Suboptimal primer design	Redesign primers using appropriate software or use validated primers
PCR efficiency above 110%	Template is degraded or contains PCR inhibitors	Re-isolate template from sample material, or use freshly prepared template dilution, or purify template and resuspend it in water
	Non-specific amplification and/or primer-dimers	Use 4% agarose gel electrophoresis to confirm presence of non-specific amplification products. See above for preventing/removing non-specific products